



10th AFRICAN CHAMPIONSHIPS



African Continental Games *for* Youth Olympics

28 - 12 MARCH 2010



PARTICIPATION - WAG

South Africa	1	Chantal	Swan	Senior	AAC	
	2	Jennifer	Khwela	Senior	AAC	
	3	Ashleigh	Heldsinger	Senior	AAC	
	4	Nicole	Szabo	Senior	AAC	
	5	Chanel	Parsons	Senior	AAC	
	6	Ryan	Bloy	Junior	AAC	
Egypt	7	Elzeiny	Sherine	Senior	AAC	
	8	Mahmoud	Salma	Senior	AAC	
	9	Shoukry	Farida Ahmed	Senior	AAC	
	10	Taman	Nancy	Senior	AAC	
	11	Satesh	Nada	Senior	AAC	
Algeria	12	Khadidja	Salmi	Senior	AAC	
Namibia	13	Chloe	Hansen	Senior	AAC	
	14	Kimberly-Ann	Van Zyl	Senior	AAC	
	15	Linique	Louw	Senior	AAC	
South Africa	16	Makeeda	Phekani	Junior	AAC	YOG
	17	Kirsten	Beckett	Junior	AAC	
	18	Bianca	Mann	Junior	AAC	YOG
	19	Claudia	Cummins	Junior	AAC	YOG
Tunisie	20	Aouadi	Faten	Junior	AAC	
Marocco	21	Zemzami	Chaimaa	Junior	AAC	
	22	Alaarif	Doaae	Junior	AAC	
	23	Ait Soufi	Hafsa	Junior	AAC	
	24	Dacheraoui	Houda	Junior	AAC	
Egypt	25	Osman	Israa	Junior	AAC	YOG
	26	Effat	Sandy	Junior	AAC	YOG
	27	Saad	Mai	Junior	AAC	YOG

	28	Sobhy	Sohila	Junior	AAC	YOG
	29	Khashab	Inji	Junior	AAC	YOG
Algeria	30	Nardjes	Terkmane	Junior	AAC	
	31	Lahna	Salam	Junior	AAC	
Namibia	32	Dannii	Biewenga	Junior	AAC	
	33	Elmarize	Oosthuizen	Junior	AAC	
	34	Jessica	Jaeger	Junior	AAC	
	35	Laetitia	Du Plessis	Junior	AAC	
	36	Mari-Louisa	Du Plessis	Junior	AAC	
	37	Nadine	Jaeger	Junior	AAC	
	38	Nicole	Loubser	Junior	AAC	
South Africa	39	Lausanne	Seyfferdt			YOG



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PARTICIPATION - MAG

South Africa	1	Michael	Makings	Senior	AAC	YOG
	2	Lindokhule	Ngcongo	Senior	AAC	
	3	Christo	Malan	Senior	AAC	
	4	Tyrone	Morris	Senior	AAC	
	5	Siphehlehle	Biyase	Senior	AAC	
Egypt	6	Sour	Mohamed	Senior	AAC	
	7	Sobhi	Abdelrahman	Senior	AAC	
	8	Elsaharty	Mohamed Sherif	Senior	AAC	
	9	Khaled	Mostafa	Senior	AAC	
	10	Hany	Mohamed	Senior	AAC	
Marocco	11	Abdelkarim	Satour	Senior	AAC	
	12	Imad	Bouari	Senior	AAC	
Tunisie	13	Bouallegue	Wajdi	Senior	AAC	

	14	Arfaoui	Sabeur	Senior	AAC	
	15	Bannouri	Haikel	Senior	AAC	
Algeria	16	Karim	Guezgouz	Senior	AAC	
	17	Amine	Airour	Senior	AAC	
	18	Walid	Hacib	Senior	AAC	
	19	Hamza	Belkacemi	Senior	AAC	
	20	Idris	Benmeddour	Senior	AAC	
Namibia	21	Robert	Honiball	Senior	AAC	
	22	Paul	Van der Merwe	Senior	AAC	
South Africa	23	Ryan	Patterson	Junior	AAC	YOG
	24	Tiaan	Grobler	Junior	AAC	YOG
	25	Morris	Baloyi	Junior	AAC	
	26	Nonkululeko	Ndlovu	Junior	AAC	YOG
Tunisie	27	Trabelsi	Mohamed Aziz	Junior	AAC	
Marocco	28	Abderazak	Nasser	Junior	AAC	
	29	Soufiane	Bachar	Junior	AAC	
	30	Bouazza	Abbousi	Junior	AAC	
	31	Rachid	Moussa	Junior	AAC	
Egypt	32	Abdelfatah	Karim Ayman	Junior	AAC	YOG
	33	Hamdy	Tarek	Junior	AAC	YOG
	34	Magdy	Ahmed	Junior	AAC	YOG
	35	Essam	Amr	Junior	AAC	YOG
	36	Sayed	Mahmoud	Junior	AAC	
Libya	37	El burki	Ayoub	Junior	AAC	YOG
	38	Bshaia	Ahmed	Junior	AAC	YOG
	39	Taggazi	Feras	Junior	AAC	
Algeria	40	Mohamed	Bourguieg	Junior	AAC	
	41	Mohamed	Aouicha	Junior	AAC	
	42	Mohamed	Raghib	Junior	AAC	
Namibia	43	Morihei	Anderson	Junior	AAC	
	44	JR	Franks	Junior	AAC	



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PARTICIPATION -RHYTHMIC

South Africa	1	Grace	Legote	Senior	AAC		
	2	Shibongile	Mjekule	Senior	AAC		
	3	Julene	Van Rooyen	Senior	AAC		
	4	Stephanie	Sandler	Senior	AAC		
Egypt	5	Elboureni	Heba	Senior	AAC		
	6	Shouky	Mariz Farid	Senior	AAC		
	7	Rostom	Yasmine	Senior	AAC		
	8	Hessen	Sahar Ahmed	Senior	AAC		
Tunisie	9	Mami	Chahrazed	Senior	AAC		
	10	Kamoun	Lilia	Senior	AAC		
	11	Bousselmi	Emna	Senior	AAC		
Angola	12	Ana	Ituamba	Senior	AAC		
	13	Veronica	de Jesus	Senior	AAC		
	14	Paula	Ribeiro Cesar	Senior	AAC		
	15	Auzenda	dos Santos	Senior	AAC		
Namibia	16	Nicole	Bierbach	Senior	AAC		
	17	Bianka	Trossbach	Senior	AAC		
	18	Christianne	Pinsenschaum	Senior	AAC		
South Africa	23	Aimee	Van Rooyen	Junior	AAC	YOG	
	24	Veronique	Ellis	Junior	AAC	YOG	
	25	Chante	Groenewald	Junior	AAC	YOG	
	26	Robyn	Paulse	Junior	AAC	YOG	
Egypt	27	Rostom	Sara	Junior	AAC		
	28	Elkolaly	Aicha	Junior	AAC		
	29	Eldeeb	Jacinthe	Junior	AAC	YOG	
	30	El Kateb	Alia	Junior	AAC	YOG	

	31	Elgarf	Manar	Junior	AAC	YOG	
	32	Niazi	Aicha	Junior	AAC	YOG	
	33	Sherif	Farida	Junior	AAC	YOG	
Angola	34	Ana	Dissila Mpanzu	Junior	AAC		
	35	Etianette	Nora Aguirre Filipe	Junior	AAC		
	36	Leniana	Cintia Troco Abrantes	Junior	AAC		
	37	Claudia	Palmira	Junior	AAC		
Namibia	38	Anica	Profitt	Junior	AAC	YOG	
	39	Michelle	Bierbach	Junior	AAC		
		Anna	Shahilu	Junior	AAC	YOG	
		Aletta	Truter	Junior	AAC	YOG	
		Claire	Barry	Junior		YOG	
		Hileni	Kathindi	Junior		YOG	



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PARTICIPATION -AEROBIC GYMNASTICS

South Africa	1	Wilson	Mafona	Senior	AAC	
	2	Ray	Meas	Senior	AAC	
	3	Geraldine	Jahn	Senior	AAC	
	4	Dominique	Mann	Senior	AAC	
	5	Rachel	Wood	Senior	AAC	
Zimbabwe	6			Senior	AAC	
	7			Senior	AAC	
	8			Senior	AAC	
	9			Senior	AAC	
	10			Senior	AAC	
	11			Senior	AAC	
	12			Senior	AAC	
	13			Senior	AAC	
	14			Senior	AAC	
	15			Senior	AAC	
Namibia	16			Senior	AAC	
	17			Senior	AAC	
	18			Senior	AAC	
South Africa	23	Justine	Le Fleur	Junior	AAC	
	24	Demi	Botha	Junior	AAC	
	25	Robin	Klaasen	Junior	AAC	
	26	Chelsea	Jacobs	Junior	AAC	



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PARTICIPATION -Trampoline & Tumbling

South Africa	1	Strike	Nkuna	Senior	AAC	
	2	Lucky	Radebe	Senior	AAC	
	3	Bianka	Budler	Senior	AAC	
	4	Lize	Mostert	Senior	AAC	
	5	Reinhardt	Huiseman	Senior	AAC	YOG
	6	Lebogang	Ramokopelwa	Senior	AAC	
	7	Motlhalefi	Nko	Senior	AAC	
	8	Tiaan	Visagie	Senior	AAC	YOG
	9	Andrew	Kelly	Senior	AAC	
	10	Molebogeng	Kgadiete	Senior	AAC	
Angola	11	Bruno	Silva	Senior	AAC	
	12	Emanuel	Ambriz	Senior	AAC	
	13	Gill	Miango	Senior	AAC	
	14	Dorivaldo	Domingos	Senior	AAC	
	15	Liria	Guiomar	Senior	AAC	
Algeria	16	Ali Djaber	Brahimi	Senior	AAC	
	17	Lokmane Zakaria	Sabour	Senior	AAC	
	18	Tewfir	Chikhi	Senior	AAC	
	19	Fodhil	Lazar	Senior	AAC	
Namibia	20	Michel'le	Solomons	Senior	AAC	YOG
	21	Angelique	De Klerk	Senior	AAC	
South Africa	22	Xolani	Nxumalo	Junior	AAC	YOG
	23	Cheswin	Timm	Junior	AAC	
	24	Phillip	Bruwer	Junior	AAC	YOG
	25	Zander	Biewenga	Junior	AAC	
	26	Christine	Hansen	Junior	AAC	YOG
	27	Lanthe	Louw	Junior	AAC	YOG

	28	Boitshoko	Rachidi	Junior	AAC	
	29	Lauren	Todd	Junior	AAC	
Angola	30	Adilson	Caetano	Junior	AAC	
	31	Marcio	Silapusa	Junior	AAC	
	32	Dino	Raimundo	Junior	AAC	
	33	Alfredo	Joao	Junior	AAC	
Algeria	34	Riad	Zahi	Junior	AAC	
Namibia	35	Reinhardt	Van Zyl	Junior	AAC	
	36	Jivanka	Kruger	Junior	AAC	
	37	Morihei	Anderson	Junior	AAC	
	38	JR	Franks	Junior	AAC	